# The Gardens Assisted Living

#### **Assisted Living**

Assisted living is ideal for adults aged 62 and older who require some daily assistance for such tasks as medication management, personal care, housekeeping, and transportation to medical appointments. Each resident has an individualized service plan that is customized to their unique needs and wishes. Family members and friends gain the peace of mind that their loved one is safe and able to receive the services they need.

Residents may customize the personal assistance and services they receive, such as help with medications, dressing, bathing, and additional housekeeping. Services can be added or discontinued as needs change. The Gardens is staffed 24/7 to provide assistance around the clock and a call response system in every apartment provides a sense of security and safety.

Fee Structure	Apartment Type	Square footage	Monthly Rent
Monthly fees are based on rent and services. Rental fees vary depending on the size of the apartment, while services are customized by each resident.	Studio	517	\$3,200
	1 Bedroom	622	\$3,800
	1 Bedroom stretch	751+	\$4,100
	1 Bedroom w/den	1050+	\$4,600
There is no upfront buy-in fee at the Gardens Assisted Living.	2 Bedroom	879+	\$4,600
	Second Person		\$750

### Residents of all apartments enjoy many amenities and conveniences, including:

- Three meals a day, seven days a week
- Flat linen (sheets & towels) laundry service
  weekly
- Scheduled transportation for group outings
- Weekly light housekeeping
- Washer and dryer in the apartment
- Kitchen with stove, refrigerator, microwave and dishwasher
- Planned social, wellness and recreational activities
- Limited transportation to doctor appoinments
- Secured building

- 24-hour call response system
- Paid utilities
- Paid DIRECTV
- Onsite hair salon
- Bistro open 24-hours/day
- 24-hour onsite staffing
- Smoke-free community
- Outdoor living spaces
- Library with computer access
- Free high-speed wireless internet
- Exercise room
- Community rooms for family gatherings

2910 E. 16th Street, Des Moines, IA 50316 515-265-1887

## The Gardens Assisted Living

### **Monthly Services and Health Care Fees**

Assisted living residents work with a nurse to create a customized service plan that meets their unique needs. Health care service fees are based on services selected and the associated points of that service.

Service	Number	Points
Bathing Twice weekly		10
	Each additional shower per week	10
Medication	Medication set-up (1-8 medications)	15
	Medication set up (9 or more medications	20
	Syringe medication set-up	25
	Medication administration	10 points for each medication given
Dressing	Morning and bedtime assistance	22
	Compression stockings only	22
	Morning and bedtime assistance and compression stockings	42
Bathroom assistance	Daytime reminders and/or assistance	44
	Nighttime reminders and/or assistance	22
Personal laundry	Two loads per week	21
(flat linen service is included in base rent)	Each additional load	20
Tasks – up to two times per day	Reassurance checks, vital signs, glucose monitoring, etc.	14
	The above services plus assistance with oxygen, nebulizer treatments, etc.	22
Ambulation, mobility	Wheelchair assistance	21
and/or escort assistance	One person transfer assistance as well as a wheelchair	42
Housekeeping	Each additional day per week	10
Redirection or	Up to three times per day	63
problem solving	Four or more times per day	126

#### **Total Points**

Health care package fees



<b>Total Points</b>	Level of Care	Monthly Fee
1-32	1	\$830.00
33-55	П	\$1,110.00
56-78	III	\$1,385.00
79-101	IV	\$1,665.00
102-124	V	\$1,945.00
125-147	VI	\$2,220.00
148-171	VII	\$2,500.00
172-794	VIII	\$2,780.00
195-240	IX	\$3,060.00