

# The Gardens Assisted Living

## Assisted Living

Assisted living is ideal for adults aged 62 and older who require some daily assistance for such tasks as medication management, personal care, housekeeping, and transportation to medical appointments. Each resident has an individualized service plan that is customized to their unique needs and wishes. Family members and friends gain the peace of mind that their loved one is safe and able to receive the services they need.

Residents may customize the personal assistance and services they receive, such as help with medications, dressing, bathing, and additional housekeeping. Services can be added or discontinued as needs change. The Gardens is staffed 24/7 to provide assistance around the clock and a call response system in every apartment provides a sense of security and safety.

## Fee Structure

Monthly fees are based on rent and services.

Rental fees vary depending on the size of the apartment, while services are customized by each resident.

There is no upfront buy-in fee at the Gardens Assisted Living.

Apartment Type	Square footage	Monthly Rent
Studio	517	\$3,445
1 Bedroom	622	\$4,065
1 Bedroom stretch	751+	\$4,365
1 Bedroom w/den	1050+	\$4,865
2 Bedroom	879+	\$4,865
Second Person		\$1,000

## Residents of all apartments enjoy many amenities and conveniences, including:

- Three meals a day, seven days a week
- Flat linen (sheets & towels) laundry service weekly
- Scheduled transportation for group outings
- Weekly light housekeeping
- Washer and dryer in the apartment
- Kitchen with stove, refrigerator, microwave and dishwasher
- Planned social, wellness and recreational activities
- Limited transportation to doctor appointments
- Secured building
- 24-hour call response system
- Paid utilities
- Paid DIRECTV
- Onsite hair salon
- Bistro open 24-hours/day
- 24-hour onsite staffing
- Smoke-free community
- Outdoor living spaces
- Library with computer access
- Free high-speed wireless internet
- Exercise room
- Community rooms for family gatherings



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## Monthly Services and Health Care Fees 2023

Assisted living residents work with a nurse to create a customized service plan that meets their unique needs. Health care service fees are based on services selected and the associated points of that service.

Health Care Services	Monthly Fee
<b>Level 0:</b> No Health Care Services	\$ 0.00
<b>Level 1: Medication Management</b> Order, store and administer all medications Set up pill planners	\$600.00
<b>Level 2: Activities of Daily Living (ADL's)</b> Assistance with activities of daily living (ADL's) including showers, dressing, mobility/escort services, bathroom assistance.	\$850.00
<b>Level 3: Activities of Daily Living (ADL's) &amp; Medication Management</b> Assistance with ADL's and Medication Management	\$1,200.00
<b>Memory Care Level 1:</b> Medication management, bathing, dressing, grooming, incontinence care, transfer/mobility assistance, additional housekeeping services, personal laundry, prompting, cuing, re-direction and/or problem-solving, and routine "I'm okay" monitoring checks.	\$1,625.00
<b>Memory Care Level 2:</b> Extensive nursing oversight and intervention, including but not limited to oxygen management, nebulizer treatments, glucose testing and monitoring, lymphedema management, dermatology care and daily congestive heart failure management.	\$1,750.00
<b>Additional Services:</b> <i>examples include:</i> Diabetes care, compression stockings, O2 management, nebulizer treatment	Individual pricing available based on needs assessment.