

The Gardens

From the pleasant and inviting interior, to the caring interactions between residents and staff, entering The Gardens at Luther Park Community gives you a sense of family. Choosing your home at The Gardens offers the choice of apartment models and sizes, ranging from studio to two-bedroom floor plans. Three levels of care – catered living, assisted living and memory care – are available to meet the changing needs of residents.

Living at the Gardens is ideal for adults ages 62 and older who want independence and autonomy without the worries of home maintenance and other responsibilities. Residents may customize the personal assistance and services they receive, such as help with medications, dressing, bathing, and additional housekeeping. Services can be added or discontinued as needs change. The Gardens is staffed 24/7 to provide assistance around the clock and a call response system in every apartment provides a sense of security and safety.

The Gardens also offers a wide variety of life enrichment activities designed to meet enhance residents' physical, mental, social, emotional, and spiritual well-being. The activities program encourages social interaction through group functions such as arts and crafts, church services, parties, educational programs, outside visits, shopping trips and other opportunities to interact with the community. We also have a library with computer access, an exercise room, Bistro and other amenities for individuals who prefer small group or solitary activities.

Living at Luther Park Community allows residents to move from independent living to assisted living and long-term nursing care as their needs change. Couples needing different levels of care can each live in the most appropriate setting while enjoying the benefits of living in a single community.

Luther Park Community grew out of an affiliation with the Lutheran church more than 100 years ago and Christian compassion remains an integral part of who we are. Our employees demonstrate compassion, respect, Christian kindness and concern for others. We respect the individual religion and/or spirituality of each resident. Religious activities offered by Luther Park Community are announced in the monthly activities calendar and are open to all residents.



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Levels of Care

Selecting the right level of care need not be confusing. At the Gardens, we assist prospective residents in making a decision by getting to know their lifestyle, goals and understand their physical and cognitive health. **Three levels of care are offered:**

Catered living is ideal for individuals who want to live independently, want flexibility and do not need full assisted living. Flexibility includes choices for housekeeping, laundry and meals, the ability to remain active in the community and the peace of mind in know that help is available when needed.

Assisted living is ideal for older adults who require some daily assistance for such things as medication management, personal care, housekeeping, and transportation to medical appointments. Assisted living at The Gardens provides residents with independence and autonomy with the added security of assistance as needed. Each resident has an individualized service plan that is customized to their unique needs and wishes. Family members and friends gain the peace of mind that their loved one is safe and able to receive the services they need.

Assisted living with memory care. When memory loss or cognitive decline occurs, residents benefit from memory care services on the third floor of The Gardens. Assisted living with memory care is designed to provide a safe, structured environment for residents with dementia. Routines are predictable to lower stress for memory care residents. Activities are tailored to the needs of residents with dementia.



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Fee Structure

| Apartment Type | Square footage | Catered Living | Assisted Living | Memory Care |
|-------------------|----------------|----------------|-----------------|-------------|
| Studio | 517 | | \$3,445 | \$3,445 |
| 1 Bedroom | 622 | | \$4,065 | \$4,065 |
| 1 Bedroom stretch | 751+ | | \$4,365 | \$4,365 |
| 1 Bedroom w/den | 1050+ | \$2,700 | \$4,865 | \$4,865 |
| 2 Bedroom | 879+ | \$2,700 | \$4,865 | \$4,865 |
| Second Person | | \$500 | \$1,000 | \$1,000 |

There is no upfront buy-in fee at the Gardens

Residents of all apartments enjoy many amenities and conveniences, including:

- Flexible meal plans, including up to three meals a day, seven days a week
- Flat linen (sheets & towels) laundry service weekly
- Scheduled transportation for group outings
- Weekly light housekeeping
- Washer and dryer in the apartment
- Kitchen with stove, refrigerator, microwave and dishwasher
- Planned social, wellness and recreational activities
- Limited transportation to doctor appointments (Memory Care residents must have a family escort)
- Secured building
- 24-hour call response system
- Paid utilities
- Paid DIRECTV
- Onsite hair salon
- Bistro open 24-hours/day
- 24-hour onsite staffing
- Smoke-free community
- Outdoor living spaces
- Library with computer access
- Free high-speed wireless internet
- Exercise room
- Community rooms for family gatherings

Residents may select amenities and services in addition to those included in the monthly rent. Medication management, assistance with bathing and dressing, mobility assistance and additional laundry are among the additional services that are popular among residents. Health care services, available in assisted living and memory care, are provided under the direction of a registered nurse and include a customized service plan.

As of January 1, 2023