

TrinityCenter Long-Term Care & Skilled Nursing

The homelike environment of Trinity Center features spacious sunrooms, comfortable common areas, and inviting outdoor courtyards. Luther Park Trinity Center offers three secure dementia areas, as well as a general nursing care area. We proudly provide long-term care, short-term rehabilitation, and respite care. Trinity Center has also been specializing in Alzheimer's and dementia care since 1993, and our highly trained, dedicated staff is an integral part of what makes Trinity Center so special.

Long-Term Care

Long-term care, also known as nursing care or "nursing home", is a licensed facility for individuals who require 24/7 nursing or health care. Long-term care is appropriate for residents who require daily, on-going assistance and round-the-clock care for optimal living.

Skilled Nursing

Trinity Center also provides skilled nursing for short-term rehabilitation. Individuals are often referred to skilled nursing after hospitalization or when they are in need of physical therapy, occupational therapy and/or speech therapy.

Providing Support

At Luther Park Trinity Center, we are dedicated to helping families manage the realities of dementia with as much love, dignity, and knowledge as possible.

- While we generally think of grief as a reaction to a death, there is also grief that comes from loss while someone is still living. Although their husband/wife may still be physically present, spouses grieve the psychological loss of the husband/wife as the partner they knew.
- We educate families on strategies to best engage with their loved one, enabling them to have meaningful interactions even in the final stages of dementia.

Spiritual Care Program

One service that sets Luther Park Community above many others is the Spiritual Care Department with a chaplain on staff. We seek to meet the needs of the whole person - physically, mentally, emotionally and spiritually. We offer the encouragement and hope that comes only through the Gospel of God's divine providence.



TrinityCenter Life Enrichment Program

Human beings inherently want to feel they have purpose in value. Knowing our lives have meaning is important to all of us, and just because an individual has dementia does not mean this changes. There will always be part of an individual who wants to help, participate and succeed. However, because an individual with dementia often needs help in finding and engaging in an activity, facilitating these opportunities become a critical role of our caregivers.

An activity can be anything that a person does in their day-to-day life; essentially all the ways in which an individual spend their time. Our life enrichment program can be broadly categorized into four main types;

Self-care activities – these are things an individual does to take care of him/herself as well as his/her environment. It also includes things like going to the beauty/barber shop, as well as food preparation and household chores. Our programming has opportunities for folding clothes, sweeping the floor, watering plants, amongst others.

Productive or work activities – these make a person feel valued and appreciated. They create a sense of well-being and enhanced self-esteem. Activities can be related to the skill or ability a person currently has or to their past roles and responsibilities. For instance, a carpenter may enjoy sanding a piece of wood, a homemaker may like to set the table or do the dishes and an office worker may enjoy sorting papers or stamping envelopes. Residence can also utilize their current skills to color, paint, do crafts or play an instrument.

Leisure activities – This is anything an individual does for fun. These activities make a person feel good and give him/her joy. Some examples include: playing games, gardening, listening to music entertainers, going to exercise class, watching a movie, or participating in trivia, current events or word games.

Restoration activities – This is anything an individual does for fun. These activities make a person feel good and give him/her joy. Some examples include: playing games, gardening, listening to music entertainers, going to exercise class, watching a movie, or participating in trivia, current events or word games.

Dementia is so often focused on lost and decline but our focus is on the individual – not the disease. We utilize the skills and abilities an individual has, while also fostering a connection with who they are and have been throughout their lifetime.

